Practicing Belonging Since 1987

Young Dance

Since 1987, Young Dance has been transforming lives through movement by creating spaces where people discover themselves and connect with others.

Our approach to dance education emphasizes creativity, collaboration, and curiosity. Students explore the elements of Body, Action, Space, Time, and Energy while developing dance technique, improvisation, and choreography. In a supportive environment where healthy risk-taking is encouraged, dancers build confidence, artistic voice, and meaningful connections with others.

Young Dance programming includes **weekly classes** at its St. Paul home, a youth performing company (**Young Dance Company**), and **Community Partnerships**.

Across all of our programming, students deepen their understanding of themselves, their bodies, and their communities. Every opportunity is grounded in our All Abilities Dancing approach, where people with and without disabilities learn and create together. Across styles and disciplines, dancers develop their skills through movement exploration, improvisation, choreography, and performance, gaining a deeper understanding of themselves, one another, and the art of dance.

The Young Dance Company is a community of dancers, ages 7 to 18, who train, create, collaborate, and perform alongside professional artists and guest choreographers. These dancers are motivated to go deeper, dance bigger, and discover what they have to say.

Through community partnerships, where we serve 15,000+ Twin Cities youth annually, Young Dance proudly works with artists, organizations, and government institutions to engage youth in developing self-confidence, critical thinking, communication, collaboration, and leadership skills through dance.

Each of these programming areas complements each other and advances the work toward the Young Dance mission to *transform lives through movement.*

Promotional Videos:

- Dance For Any Body: https://vimeo.com/446878569
- Reflection on 35 Years at Young Dance (Brian J. Evans): https://vimeo.com/769171937
- Young Dance 2024 Spring Performance Excerpts: https://vimeo.com/1027757404

Photos For Promotion:



Photo credit: Blake Nellis
https://drive.google.com/file/d/1Nai-DP0htb1n-0WXw2JVcp09RK2DdRHj/view?usp=sharing



Photo credit: Blake Nellis

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Photo credit: Blake Nellis
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Photo credit: Emily Adie
https://drive.google.com/file/d/1NQYDAaZsVhwuXnX0CsJAG3byMR0s5-Ql/view?usp=sharing

Young Dance Logo Files:

40th Anniversary Logos
TO BE USED BETWEEN JULY 1, 2026 and JUNE 30, 2027

40th Anniversary Multi-Color png:
https://drive.google.com/file/d/14yncGdGHBlU6Rxk-H2_V6vhFtDebKDHq/view?usp=sharing

40th Anniversary Black png:
https://drive.google.com/file/d/1wjZcUGKfnBXTSQqIK0X33R8rKF0haBMV/view?usp=drive_link

40th Anniversary White png:
https://drive.google.com/file/d/145gGx1GTwVNAeF2dL8GLGT70Ybrrmiie/view?usp=drive_link

Young Dance Logos
Multi-Color png:
https://drive.google.com/file/d/1xnSjGczk7-PRACSvxMaapD1vtUKn0aVl/view?usp=drive_link

Black png:
https://drive.google.com/file/d/1WcnwFrLd48CUYKBhe3wgq_5MML9ha99g/view?usp=drive_link

White png:
https://drive.google.com/file/d/1DMNLRQFSP6gEeEBE3elBq4uQO_udC2ua/view?usp=drive_link

Please contact info@youngdance.org with any questions or if other formats of logos or images are needed.

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