

DanceAbility Teacher Certification



More than 800 people with and without disabilities have attended DanceAbility Teacher Certification courses across six continents since 1996.



This 120-hour course is offered in partnership with Young Dance (St Paul, MN) and is facilitated by Michaela Knox, DanceAbility Master Trainer

**Taught in
THREE modules:**

MODULE 1:
July 14 to 17 & 20 to 23

MODULE 2:
October 15 to 18

MODULE 3 (2027):
July 7 to 9 & 12 to 16

DanceAbility Teacher Certification is for people who want to teach integrated groups in dance, improvisation, and movement arts, or learn a model for facilitating communities that fosters inclusive participation.

The course covers well-defined methods and techniques for teaching, but there is not a stagnant set of rules. It is an approach to designing movement practices that allows anybody and everybody's movement to emerge, thereby facilitating individual and group expression.



DanceAbility Teacher Certification

This course will prepare participants to teach DanceAbility classes for any population, to create mixed-abilities dance choreography, provide leadership and development skills that can enable participants to create organizations in their own communities, and serve as a prerequisite for the Master Teacher and Master Trainer Courses.

An extensive log with 60 exercises studied during the course is provided, along with a 200-page manual with detailed descriptions of over 150 exercises.



Michaela Knox is a Maine-based performer, choreographer, and teacher. She is the founding director of Spark Inclusive Arts and is a Master Trainer of the Danceability method, founded by Alito Alessi. She holds an MA in Educational Leadership and is currently pursuing a PhD in Disability Studies. She was a company member of 20 Moons Dance Theatre from 2014-2018. Knox has created mixed-ability performance work throughout the southwest and New England for the last 9 years.

Knox is passionate about supporting others in the discovery and research of their self-expression. She considers it her life's work to help dissolve barriers between people with and without disabilities with the hope of creating a more inclusive society for all people.

*For this certification, Knox will be assisted by **Brian Evans, MFA, Young Dance Teaching Artist, and Gretchen Pick, MFA, Young Dance Executive Director***



REGISTRATION

Register using the QR code.



COST/PAYMENT

\$1,600 (total for all three modules). A \$50 deposit is required at the time of registration to secure your spot.

However, Young Dance is committed to making this program financially accessible to participants. If you indicate on your registration form that you are in need of financial assistance or require a payment plan, we will reach out to you to discuss options.