

# YOUNG DANCE

Since 1987, Young Dance has been transforming lives through movement. An inclusive community, where creativity flourishes and healthy risk-taking is encouraged, our classes are open to everyone of all levels and abilities. Our curriculum emphasizes technique, improvisation, and choreography in a safe and supportive environment that values a commitment to self, to the group, and to lifelong learning.



## CLASS SCHEDULE

### MON

- Hip Hop 1**  
4:30–5:45 p.m.  
Ages 7–11
- Dance Together**  
4:30–5:15 p.m.  
Ages 1–3 w/ caregiver
- Creative Movement 1**  
5:15–6:00 p.m.  
Ages 3–5
- Hip Hop 2**  
5:45–7:00 p.m.  
Ages 10–18
- Creative Movement 2**  
6:00–6:45 p.m.  
Ages 5–7
- Modern 2**  
7:00–8:30 p.m.  
Ages 9–11
- Adult Modern**  
7:00–8:30 p.m.  
Ages 18+

### TUE

- Dance Together**  
10:00–10:45 a.m.  
Ages 1–3 w/ caregiver
- Creative Movement 1**  
4:30–5:15 p.m.  
Ages 3–5
- Ballet 1**  
4:30–5:45 p.m.  
Ages 7–10
- Creative Movement 2**  
5:15–6:00 p.m.  
Ages 5–7
- Stretching and Somatics**  
5:45–6:15 p.m.  
Ages 7–18
- Ballet 2**  
6:15–7:45 p.m.  
Ages 10–18
- Modern 1**  
6:15–7:30 p.m.  
Ages 7–9

### WED

- Breaking 1**  
4:30–5:30 p.m.  
Ages 7–13
- All Abilities 1**  
4:30–5:30 p.m.  
Ages 7–11
- All Abilities 2**  
5:30–7:00 p.m.  
Ages 11+
- Breaking 2**  
5:30–6:45 p.m.  
Ages 10–18
- Afro-Modern**  
7:00–8:30 p.m.  
Ages 10–18
- Open Studio  
Choreography**  
7:00–8:30 p.m.  
Ages 10+

### THU

- Creative Movement 1**  
4:30–5:15 p.m.  
Ages 3–5
- Creative Movement 2**  
4:30–5:15 p.m.  
Ages 5–7
- Musical Theater**  
5:15–6:30 p.m.  
Ages 8–14
- Creative Movement 3**  
5:30–6:30 p.m.  
Ages 6–9
- Modern 4**  
6:30–8:30 p.m.  
Ages 14–18
- Modern 3**  
6:45–8:30 p.m.  
Ages 11–14

### FRI

- Dance Together**  
10:00–10:45 a.m.  
Ages 1–3 w/ caregiver
- Creative Movement 1**  
4:30–5:15 p.m.  
Ages 3–5
- Creative Movement 2**  
5:15–6:00 p.m.  
Ages 5–7

### SAT

- Dance Together**  
9:00–9:45 a.m.  
Ages 1–3 w/ caregiver
- Modern 1**  
9:15–10:30 a.m.  
Ages 7–9
- Creative Movement 1**  
9:45–10:30 a.m.  
Ages 3–5
- Creative Movement 2**  
10:30–11:15 a.m.  
Ages 5–7
- Yoga**  
10:30–11:15 a.m.  
Ages 11+
- All Abilities Dancing  
(Online only)**  
11:00 a.m.–12:00 p.m.  
Ages 7+
- Company**  
11:15 a.m.–1:15 p.m.  
Ages 7–18
- Choreography**  
1:30–2:30 p.m.  
Ages 7–18



***Transforming Lives Through Movement***

*"Young Dance has shown me that every movement can and probably should be danced, and that movement in and of itself is transformative." —Young Dance company member*

**2023-24 SEASON BEGINS THURSDAY, SEPTEMBER 14!**

# TUITION & REGISTRATION

2023-24 SESSION • SEP 14-MAY 19

## 30-WEEK PROGRAM

Hours/Week	Per Class	Tuition
30 min	\$10	\$300
45 min	\$12	\$360
60 min	\$15	\$450
75 min	\$19	\$570
90 min	\$23	\$690
120 min	\$30	\$900

## COMPANY TUITION

30-week program      \$800-\$1000

## REGISTER ONLINE

Use the QR code, go to [youngdance.org](http://youngdance.org), or contact us by email or phone.



**YOUNG DANCE** | [www.youngdance.org](http://www.youngdance.org)  
 612-423-3064 | [info@youngdance.org](mailto:info@youngdance.org)  
 655 Fairview Ave. N., St. Paul, MN 55104

## PAYMENT PLAN

An installment plan is available when registering online. Other options available by request. Cash or check payments can be mailed to **Young Dance, 655 Fairview Ave. N., St. Paul, MN 55104.**

## SCHOLARSHIPS AVAILABLE

Young Dance offers scholarships based on need. Email [info@youngdance](mailto:info@youngdance.org) for more information.

## REFUND/WITHDRAWAL POLICY

To withdraw from class, please send a written notice with intended withdrawal date to [kathleen@youngdance.org](mailto:kathleen@youngdance.org) for a prorated refund.

## FAQ:

Can I try a single class and see if it's a good fit? Yes! Contact us at [info@youngdance.org](mailto:info@youngdance.org).

## MULTI-CLASS DISCOUNTS:



2 classes/week: 5% discount



3 classes/week: 10% discount



4+ classes/week: 20% discount

## 2023-24 Session Important Dates:

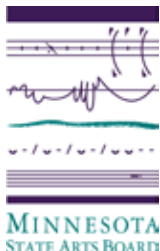
- Classes Begins: Sept 14
- MEA Break: Oct 19-21
- Halloween, No Classes: Oct 31
- Fall Break: Nov 22-25
- Winter Break: Dec 20-Jan 1
- MLK Day, No Classes: Jan 15
- Mid-Winter Break: Feb 19-20
- Winter Dance Experience: Feb 19
- Spring Break: April 6-12
- Last Day of Session: May 19
- Spring Performance TBC: May 14-19

## YOUNG DANCE VALUES

- Young people are artists with **something important to say.**
- **Social justice** is an embedded component of our classes and organization.
- **Every body is capable of creative expression.**
- The **creative process** is a model for **civil discourse.**
- A **healthy somatic dance practice** is grounded in a **developmentally appropriate curriculum.**



metro regional arts council



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Photo by V. Paul Virtucio