

COVID-19 Safety Procedures—All participants must adhere to the following guidelines:



STAY HOME IF:

- You have any of the following symptoms:
 - Fever of 100.4° F or higher
 - Cough or shortness of breath
 - Chills
 - Headache
 - Muscle pain
 - Sore throat
 - Fatigue
 - Congestion
 - Vomiting or Diarrhea
 - Loss of taste or smell
- You have been identified as a close contact of someone who has COVID-19 and you are not fully vaccinated.

DROP OFF AND PICK UP:

- Our lobby is open. Dancers under 9 must be accompanied by an adult to and from the studio.
- Guardians may stay in the lobby, though are not required to.
- To avoid congestion in the lobby and hallways, please do not arrive earlier than 10 minutes before the start of class.
- Classes will start and end on time.
- Dancers should enter the Orange studio via the lobby and the Teal studio via the hallway past the lobby. Studio doors are clearly marked.

MASKING:

- All dancers, staff, teachers, and guests (ages 3 and up) should plan to wear a mask in Young Dance spaces. However, if both [Hennepin](#) and [Ramsey](#) counties are at a low level of COVID transmission as determined by the [CDC](#), then each class will collectively decide if masks will be optional. For masks to be optional, there must be a unanimous decision by the teacher with the participants/guardians, and that determination will be revisited on a regular basis.
- Additionally, if either Hennepin or Ramsey are at a medium level of transmission, then masks are required.
- Masks are not required for outdoor classes and camps, unless specified by the instructor.

STUDIO PARTICIPATION:

- Students must wash their hands or use hand sanitizer upon entering and exiting the studio.
- Come dressed for class.
- Dancing often includes touch or close proximity. Students have the choice at every class whether they would like to receive touch or not. Regardless of COVID-19, we recognize the importance of consent for physical contact and we strive to foster an environment where dancers have agency over their physical and educational experience.
- Classes require registration to keep class sizes safe and manageable.

WATER ACCESS:

- Dancers should bring a water bottle with them to class. There is a bottle-filling station near the restrooms.

SNACKS:

- Young Dance does not provide snacks for dancers.
- Dancers may bring their own snacks. Students will be appropriately distanced while eating and drinking.

VIRTUAL ACCESS:

- We will assess offering a class virtually for a student who is quarantining on a case-by-case basis.
- We need 24 hours notice to provide virtual access to a class.
- Saturday All Abilities Dancing 1 will remain online for those who prefer to participate virtually. Saturdays, 11:00 a.m.–12:00 p.m., for ages 7–11.

SANITATION AND VENTILATION:

- Studio floors, surfaces, doorknobs, and light switches will be disinfected regularly, as well as on an as-needed basis.
- Our HVAC was new in Fall 2019. It is rated for up to 100 people in the studio. The system runs uninterrupted to maximize air circulation, **replacing the air 7-8 times per hour.**

SHARED SPACES AND BATHROOM CLEANING PROTOCOLS:

- The bathroom doors have foot pulls for hands-free opening.
- Bathrooms are cleaned and wiped down on a regular schedule.

POLICIES REGARDING CONFIRMATION OF COVID-19:

- **EXPOSURE: If a dancer is exposed** to a confirmed case of COVID-19, they can attend classes wearing a well-fitting mask as long as they have no symptoms.

We recommend that all close contacts get a PCR COVID-19 test 5-7 days after the contact.

- **CONFIRMED CASE:** If a dancer has COVID-19 and attended a Young Dance class during their contagious period, notify Gretchen@youngdance.org.

If a dancer is confirmed to have COVID-19, they can return to class 5 days after the onset of symptoms, or, if asymptomatic, 5 days after the positive test (day zero is the first day of symptoms or, if asymptomatic, the date the person was tested) **as long as the following are true:**

- They have no symptoms of COVID-19.
- They have been fever free for at least 24 hours without fever reducing medication.
- They can consistently wear a well-fitting mask. If they cannot consistently wear a well-fitting mask, they can return to class after 10 days, as long as the above criteria are true.

If Young Dance receives information that an individual infected with COVID-19 has been in our space, we will inform everyone who is identified as a close contact at Young Dance. We will not disclose the identity of that individual. These safety procedures were developed to align with the [Young Dance COVID-19 Preparedness Plan](#).

Please direct any questions or issues that arise regarding these procedures to

Gretchen Pick at Gretchen@youngdance.org