

**COVID-19 Safety Procedures**—All participants must adhere to the following guidelines:



**STAY HOME IF:**

- You have any of the following symptoms:
  - Fever of 100.4° F or higher
  - Cough or shortness of breath
  - Chills
  - Headache
  - Muscle pain
  - Sore throat
  - Fatigue
  - Congestion
  - Vomiting or Diarrhea
  - Loss of taste or smell
- You have been identified as a close contact of someone who has COVID-19 and you are not fully vaccinated.

**DROP OFF AND PICK UP:**

- Our lobby is open. Dancers under 9 must be accompanied by an adult to and from the studio.
- Guardians may stay in the lobby, though are not required to.
- To avoid congestion in the lobby and hallways, please do not arrive earlier than 10 minutes before the start of class.
- Classes will start and end on time.
- Dancers should enter the Orange studio via the lobby and the Teal studio via the hallway past the lobby. Studio doors are clearly marked.

**MASKING:**

- All dancers, staff, teachers, and guests should plan to wear a mask in Young Dance spaces. However, if both [Hennepin](#) and [Ramsey](#) counties are at a low level of COVID transmission as determined by the [CDC](#), then each class will collectively decide if masks will be optional. For masks to be optional, there must be a unanimous decision by the teacher with the participants/guardians, and that determination will be revisited on a regular basis.
- Additionally, if either Hennepin or Ramsey are at a medium level of transmission, then masks are required.
- Masks are not required for outdoor classes and camps, unless specified by the instructor.

**STUDIO PARTICIPATION:**

- Students must wash their hands or use hand sanitizer upon entering and exiting the studio.
- Come dressed for class.
- Dancing often includes touching or close proximity. Students have the choice at every class whether they would like to receive touch or not. Regardless of COVID-19, we recognize the importance of consent for physical contact and we strive to foster an environment where dancers have agency over their physical and educational experience.
- Classes require registration to keep class sizes safe and manageable.

## **WATER ACCESS:**

- Dancers should bring a water bottle with them to class. There is a bottle-filling station near the restrooms.

## **SNACKS:**

- Young Dance does not provide snacks for dancers.
- Dancers may bring their own snacks. Students will be appropriately distanced while eating and drinking.

## **VIRTUAL ACCESS:**

- We will assess offering a class virtually for a student who is quarantining on a case-by-case basis.
- We need 24 hours notice to provide virtual access to a class.
- Saturday All Abilities Dancing 1 will remain online for those who prefer to participate virtually. Saturdays, 11:00 a.m.–12:00 p.m., for ages 7–11.

## **SANITATION AND VENTILATION:**

- Studio floors, surfaces, doorknobs, and light switches will be disinfected regularly, as well as on an as-needed basis.
- Our HVAC was new in Fall 2019. It is rated for up to 100 people in the studio. The system runs uninterrupted to maximize air circulation, **replacing the air 7-8 times per hour.**

## **SHARED SPACES AND BATHROOM CLEANING PROTOCOLS:**

- The bathroom doors have foot pulls for hands-free opening.
- Bathrooms are cleaned and wiped down on a regular schedule.

## **POLICIES REGARDING CONFIRMATION OF COVID-19:**

- **EXPOSURE:** If a dancer is a close contact of an individual who is confirmed to have COVID-19, and is not fully vaccinated, they should quarantine for 5 days. The last date of exposure is considered to be day zero. They can return to class after 5 days if they are able to consistently wear a well-fitting mask. If they cannot consistently wear a well-fitting mask, they need to quarantine for 10 days.

If they are fully vaccinated, they can continue to attend class as long as they have no symptoms.

We recommend that all close contacts get a PCR COVID-19 test 5-7 days after the contact.

- **CONFIRMED CASE:** If a dancer has COVID-19 and attended a Young Dance class during their contagious period, notify [Gretchen@youngdance.org](mailto:Gretchen@youngdance.org).

If a dancer is confirmed to have COVID-19, they can return to class 5 days after the onset of symptoms, or, if asymptomatic, 5 days after the positive test (day zero is the first day of symptoms or, if asymptomatic, the date the person was tested) **as long as the following are true:**

- They have no symptoms of COVID-19
- They have been fever free for at least 24 hours without fever reducing medication.
- They can consistently wear a well-fitting mask. If they cannot consistently wear a well-fitting mask, they can return to class after 10 days, as long as the above criteria are true.

If Young Dance receives information that an individual infected with COVID-19 has been in our space, we will inform everyone who is identified as a close contact at Young Dance. We will not disclose the identity of that individual. These safety procedures were developed to align with the [Young Dance COVID-19 Preparedness Plan.](#)

*Please direct any questions or issues that arise regarding these procedures to*

*Gretchen Pick at [Gretchen@youngdance.org](mailto:Gretchen@youngdance.org)*