

# COVID-19 Safety Procedures

*All participants coming to dance must adhere to the following guidelines to ensure safest environment for all.*



**To ensure the safety of Young Dance students, all faculty and staff have been vaccinated against COVID-19.**

## **STAY HOME IF:**

- You have any of the following symptoms:
  - Fever of 100.4° F or higher
  - Cough or shortness of breath
  - Chills
  - Headache
  - Muscle pain
  - Sore throat
  - Fatigue
  - Congestion
  - Vomiting or Diarrhea
  - Loss of taste or smell
- You have been identified as a close contact of someone who has COVID-19 and you are not fully vaccinated.

## **DROP OFF AND PICK UP:**

- Our lobby is open. Dancers under 9 must be accompanied by an adult to and from the studio.
- Dancers should walk directly to Young Dance without passing through Element Gym.
  - Guardians may stay in the lobby, though are not required to.
- To avoid congestion in the lobby and hallways, we ask that you do not arrive earlier than 10 minutes before the start of class.
- Classes will start and end on time.
- Dancers should enter the Orange studio via the lobby and the Teal studio via the hallway past the lobby. Studio doors will be clearly marked.

## **WATER ACCESS:**

- Dancers should bring a water bottle with them to class. There is a bottle-filling station near the restrooms.

## **PERSONAL ITEMS AND BELONGINGS:**

- Snacks must be packaged and kept in a dance bag. Snack breaks will be designated and students appropriately distanced while eating and drinking.
- Students should bring one bag for their belongings, which will be kept in the studio.
- Shoes should be stored in the cubbies outside the studios. Jackets/coats will be brought into the studio.

## STUDIO PARTICIPATION:

- All dancers, staff, teachers, and guests are required to wear an N95 or KN95 mask or double mask with at least one layer being a surgical masks in Young Dance spaces (updated Jan.10, 2022). Masks are not required for outdoor classes and camps, unless specified by the instructor.
- All dancers, staff, and teachers are asked to maintain a physical distance of 3 feet when possible.
- Dance floors are marked to aid with physical distance.
- Students must wash their hands or use hand sanitizer upon entering and exiting the studio.
- Come dressed for class. Bathrooms will be limited to only a few people at a time.
- Classes will require registration to keep class sizes safe and manageable.

## VIRTUAL ACCESS:

- We will assess offering a class virtually for a student who is quarantining on a case by case basis.
- We need 24 hours notice to provide virtual access to a class.

## SANITATION AND VENTILATION:

- Studio floors, surfaces, doorknobs, and light switches will be disinfected daily, as well as on an as-needed basis.
- Our HVAC was new in Fall 2019. It is rated for up to 100 people in the studio. The system runs uninterrupted to maximize air circulation, **replacing the air 7-8 times per hour**.

## SHARED SPACES AND BATHROOM CLEANING PROTOCOLS:

- Foot pulls have been installed on the bathroom doors for opening without touching.
- Bathrooms are cleaned and wiped down on a regular schedule.

## POLICIES REGARDING CONFIRMATION OF COVID-19

**If a dancer is a close contact** of an individual who is confirmed to have COVID-19, and is not fully vaccinated, they should quarantine for 7 days. They can return to class after 7 days if they have a negative PCR COVID-19 test taken 5-7 days after the contact. If they are fully vaccinated, they can continue to attend class as long as you have no symptoms.

**If you have COVID-19:** If a dancer attended a Young Dance class during their contagious period, notify [Gretchen@youngdance.org](mailto:Gretchen@youngdance.org).

If a dancer is confirmed to have COVID-19, they can return to class 10 days after the onset of symptoms, or, if asymptomatic, 10 days after the positive test **as long as the following are true:**

- They have no symptoms of COVID-19
- They have been fever free for at least 24 hours without fever reducing medication.

If Young Dance receives information that an individual who is infected with COVID-19 has been in our space, we will inform everyone who is identified as a close contact at Young Dance. We will not disclose the identity of that individual. These safety procedures were developed to align with the [Young Dance COVID-19 Preparedness Plan](#).

*Please direct any questions or issues that arise regarding these procedures to Gretchen Pick at [Gretchen@youngdance.org](mailto:Gretchen@youngdance.org)*