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Daily Distraction: Young Dance performance on Zoom on May 30



Young Dance Company presents “Stepping In” via Zoom on May 30. (Photo by V. Paul Virtucio)

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May 29, 2020 at 5:05 a.m.

Young Dance of St. Paul will present its company performance, “Stretching In,” via Zoom on Saturday night.

In a press release, Young Dance said the show confronts “physical, emotional, and social challenges and embody what we find on the other side.” It features new works by Jennifer Glaws, Anat Shinar, Justin Jones, Karen Charles, and dances created by members of the Young Dance Company.

The show was originally set to run May 1 and 2 at the Lab Theater in Minneapolis. The company rehearsed and attended classes online due to COVID-19 and the suspension of in-person programming. The 33-year-old company is a collective of 30 dance artists, ages 7 to 18. Young Dance creates programs for “young movers living with and without disabilities,” according to the news release.

The show is from 7 to 8:30 p.m. For information on how to see “Stretching In,” go to youngdance.org.

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